

# Happy New Year!

The children have started the year thinking about how to be kind and caring, firstly to themselves and also to others.

**C- COMPASSIONATE** by being kind in your mind, think of what you enjoy doing and what makes you feel good and do it.

**A-ACKNOWLEDGE** when you have done something well each day to build resilience and emotional strength.

**R-REALITY** plan and be realistic. Do not put yourself down or plan to do too much so it is impossible.

**E- ENERGY**, eat the food your body needs, drink water, sleep and do the things that excite you and feed your energy levels.

*This idea comes from Pam Burrows who works with schools in Nottinghamshire- you can get lots of ideas to help yourself from her website and we are working through them with the children.*

The children have set themselves goals for the new year:

“to not play fortnight for a fortnight!”

“to spend more time with family.”

“to make my bed.”

“to read before bedtime.”

## **Safety on bikes**

There have been some worried parents in Misterton that have seen children from our school riding bikes in an unsafe manner around the village and to and from school. Please talk to your children about keeping safe on their bikes and being aware of others around them. Thank you.

## FACEBOOK

The staff at Misterton Primary have received friends requests on FACEBOOK. Staff are not able to be friends with parents or children as part of the Code of Conduct that all staff have to sign. Please do not be offended but we cannot be FACEBOOK friends.

'Staff should be extremely cautious when using social networking sites outside of work and avoid publishing, or allowing to be published, any material, including comments or images which could damage their professional reputation, the reputation of the school, and/or bring the school into disrepute. Where staff do choose to use social networking sites it is strongly recommended that profiles should be set as 'private' and under no circumstances should staff allow access to pupils, their families and/or carers.'

## Spring Term Dates 2019

14 January	Multi Skills, Maths & Reading Clubs to start
15 January	Young Voices Concert Sheffield
15 January	Football Club to start
16 January	Netball Club to start
17 January	SATs Booster Club to start
24 January	780 After School Club to start
11 February	Book & Biscuits 2.30pm
14 February	Last Day of term
15 February	INSET DAY
12 March	SEN Reviews
15 March	SEN Reviews
19 March	Parents Evening 4pm – 6.30pm Years FS2, 1,2,4,5,6
19 March	Parents Evening 4pm – 7pm Year 3
20 March	Parents Evening 4pm – 5.30pm Years FS2, 1, 2, 4, 5, 6
20 March	Parents Evening 3pm – 4.30pm Year 3
26 March	Dads & Daughters
5 April	Awards Assembly
5 April	Last Day of term

Please note – These dates at this point are subject to change – please keep checking with future dates list to make sure they have not been rescheduled. Thank you