Misterton Primary and Nursery School

Toileting and Intimate Care Policy

Date Approved:	17.11.2026
Approved by:	Finance, Pupil and Personnel Committee
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Author:	Headteacher

The Misterton Primary and Nursery School Toileting and Intimate Care Policy

At Misterton Primary and Nursery School we endeavour to nurture unique individuals in a happy, safe, respectful and inclusive environment, where everyone is inspired to be the best they can be throughout their journey of life.

We are all proud to be a Take Care school

Toileting and intimate care

All children at Misterton Primary and Nursery School have the right to be safe and be treated with dignity, respect and privacy at all times. This policy sets out clear principles and guidelines on supporting intimate care with specific reference to toileting. It should be considered in line with our Safeguarding and Child Protection Policy, Health and Safety Policy and Administering of Medicines policy.

Intimate care tasks cover any tasks that involve the dressing and undressing, washing including intimate parts, helping someone use the toilet, changing pull ups or carrying out a procedure that requires direct or indirect contact to an intimate personal area.

Partnership with parents/carers - the child's key person, along with staff members, work in partnership with parents/carers to provide care appropriate to meet the needs of the individual child.

Best Practice - when intimate care is given, the member of staff explains fully each task that is carried out, and the reason for it. Staff encourage children to do as much for themselves as they can, lots of praise and encouragement is given to the child when they achieve the task. For children with identified needs, a particular staff member will be identified to support these. Children are treated with respect and pull up changing is not rushed but used as an opportunity for one-to-one exchanges.

Safeguarding - if a member of staff has any concerns about physical changes in a child's presentation s/he will immediately report these to the Designated Safeguarding Lead (DSL) or Deputy DSL (DDSL) in their absence. The Safeguarding and Child Protection Policy will then be implemented.

It is not appropriate for volunteers to carry out intimate care procedures. Students and volunteers are not allowed to assist with toileting routines, these should only be carried out by staff with a DBS clearance.

Bodily fluids - Dealing with body fluids - urine, faeces, blood and vomit are cleaned up immediately and disposed of safely by placing in pull up bins, medical bins and are always double bagged. When dealing with body fluids, staff should wear protective clothing (disposable plastic gloves and disposable apron) and wash themselves thoroughly afterwards. Soiled children's clothing is bagged and sent home or placed into refuse bins - staff will not rinse it. Children are kept away from the affected area until the incident has been completely dealt with.

Pull Up Changing

As part of children's well-being and development we support children's self-care, which entails pull up changing times and supporting children's use of the toilet when they are ready. We understand the importance of providing an environment where the intimate care of a child is treated with the utmost respect and their dignity is preserved at all times. We support children respectfully at whatever stage they are at. We do promote independence but at an appropriate level for the individual child. It is important children feel comfortable and safe, so they are given the time and privacy if needed in the toilet.

Staff support with tasks such as wiping children's intimate areas to ensure they are clean. These intimate care routines as well as pull up changing are undertaken by the child's key person or a familiar staff member. We encourage independence with children dressing and undressing themselves and we support children with this in the toilet area. Parents/carers are required to provide sufficient pull ups, wipes and cream for each day.

Toileting and Intimate Care Policy review date: Feb 27

Toileting, intimate care and pull up changing procedures

- Staff act promptly with a positive manner.

-Pull ups are checked on arrival, before lunch, before home time and in between. Soiled pull ups are changed immediately.

- Children are encouraged to access toilets independently. Staff are on hand to help if a child requests it and to remind children to wash their hands.

- Should a child need changing their bag is collected from the cloakroom. If a child does not have spare clothes those from school are used.

- Changing of clothes is performed by the child and assistance given if needed.

- Changing takes place in the toilet area with the door open.

- Gloves and aprons are worn by staff.

- Wet and soiled clothing is removed and placed in a pull up sack and placed back in the child's bag.

- If necessary, the child is cleaned with baby wipes (unless aware of an allergy) from front to back. Any soiled wipes are then put in a pull up sack to be placed in a pull up disposal bin. Childs own cream is applied if necessary.

- Any areas of the toilet environment will be sanitized with anti bac spray if needed.

- Hands are washed thoroughly with soap and running water and dried with a paper towel.

- Toileting/intimate care/changing updates are recorded in the EYFS Personal Care Record.

-SLT check the recording and care recording.

Monitoring and Review:

The Senior Leadership Team (SLT) will monitor the application of this policy termly and conduct additional reviews where necessary to respond to changes in a child's needs or circumstances